

Your online tool to empower young people through communication & collaboration

CAMHSweb is a dynamic, interactive platform built to assist collaborative practice in the support of children and young people with mental health difficulties.

Breaking down the silos

Highly secure and accessible, the shared online space improves communication and enables young people to voice their support preferences.

Widely applicable

Suitable for a broad range of services and support, the platform includes a range of innovative tools to help you work more collaboratively, without adding to your workload.

Accessible and user friendly

The platform can be used as a tool in meetings, as well as independently, to promote resilience, positive wellbeing and self-management.



- * Secure, collaborative, online space
- Applicable across a broad range of services
- Interactive tools promote shared decision making
- * Provides clarity and motivates young people to engage

'In the age of social media, this is a way of engaging young people and helping them visualise their progress towards their goals.'

Service Provider

Young people often ask for more creativity and activities in session so they don't have to rely so much on talking. Professionals also want something in the room that isn't physically overwhelming so CAMHSweb is perfect for this.'

Clinician

'It is really exciting as it pulls together technology & young people's involvement so it ticks lots of boxes.'

Clinician

Tools

Interactive, fun and engaging tools, built to be relevant to young people, and to promote collaborative ways of working:



My sessions
Key information is recorded,
encouraging collaborative
reflection and shared
understanding.



Feelings explorer A space to identify, label and learn the meaning of different feelings.



My relationships
An interactive, visual map
of the user's support network
to encourage communication
around relationships.



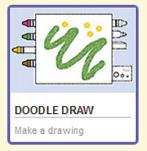
Doodle goals
An interactive space to create
and monitor goals in a fun and
personalised way.



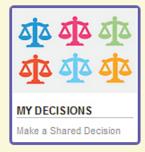
My strengths Encourages reflection on positive characteristics and the development of key strengths.



Shared agreement Clarifies the support being offered. Including the level of information shared, communication, and when and where to meet.



Doodle draw A creative drawing tool to aid the expression of thoughts, feelings and difficulties.



My decisions
Develops effective decision
making skills by breaking
decision-making down into
manageable steps.



My measures
A collaborative tool to access, complete and review measures promoting discussion around goals, engagement & progress.
The platform supports all CYP IAPT measures.

For more information, please contact the CAMHSweb team: camhsweb@annafreud.org



