



Course Guide

KCL: Postgraduate Certificate in Children & Young People's IAPT Supervision: CWP/EMHP/Recruit to Train

This course is a 60-credit postgraduate certificate certified by KCL



Who is the training for?

This training is for supervisors of either Children and Young People Wellbeing Practitioners (CWP), Education Mental Health Practitioners (EMHP) or Recruit to Train (RtT) Practitioners undertaking the Therapy Diploma for Cognitive Behavioural Therapy (CBT), Parenting or Systemic Family Practice (SFP). The course is for supervisors of Kings (KCL) practitioners only. The course is based at Kings in the Denmark Hill campus, and will take a blended learning approach, with sessions taking place on campus and online.

How long is the training course?

The course is completed over a year. The number of days varies according to the group supervised. The course is between 15 and 20 days depending on modality. Some supervisors will have several joint days with trainee practitioners included in this number.

What does the training look like?

This course will increase your confidence and competence as a supervisor. Teaching is mostly on Mondays and Fridays. The first 5-8 days are frontloaded over the first two months with a mixture of online and face to face sessions. Practice tutor group sessions are then held monthly on a Monday or Friday for the rest of the course. The front-loaded teaching includes use of feedback tools, the specific supervised evidence based models, supervision

models and competencies and relevant service development including whole school approach.

The monthly sessions following the initial teaching block, are tailored specifically to the supervision group. This is an opportunity to enhance supervision skills through viewing own videoed practice in small, safe and supportive practice tutor groups. We receive consistent feedback that this is a highly valuable part of the course. In addition, there will be larger action learning sets to reflect and make action plans about supervision dilemmas.

How many supervisees do I need and how frequently should supervision be offered?

Supervisors will be required to supervise at least one trainee practitioner on their site to meet requirements for this course. All supervisors will be required to individually supervise trainees weekly and additionally in group supervision (where appropriate) for CWP and EMHP practitioners.

What assessments are there?

There are four pieces of work: An essay on effective supervision; a video tape of a supervision session and reflective analysis; supervision portfolio; and a service implementation project. These assessments are throughout the year training.

Entry Requirements

Essential

Qualification: Normally a minimum of a second-class Bachelor's degree from a UK university or an overseas qualification of an equivalent standard in a relevant academic subject (e.g. Psychology, Education, Childhood development, Social Work etc), OR any subject with further training or experience in a relevant field (e.g. Teaching/TA; Learning Support; HCA; Youth Work; Counselling etc)*

AND/OR a registerable professional qualification in a relevant subject (e.g. medicine, psychology, social work) from a UK university or overseas professional qualification of an equivalent standard

Experience: Candidates will need to be experienced Mental Health professionals as evidenced by 2 years working therapeutically/ clinically within a CYP Mental Health Setting with children and young people with mental health difficulties. They must demonstrate experience of clinically delivering and supervising in the therapeutic approach for which they are applying. (e.g. CBT).

English Language Requirements: Capability to complete academic work at postgraduate diploma level, including IELTS or equivalent to the appropriate level for students with English as a foreign language (BAND D)

<https://www.kcl.ac.uk/study/postgraduate/apply/entry-requirements/english-language.aspx>

In addition to this table, there are additional entry requirements per Course/Modality. Please refer to table on page 3 for details. Please contact cyp-mh@kcl.ac.uk if you have any queries

**Applicants who do not fulfil the academic criteria may still be considered on a case-by-case basis. Please contact us with queries.*

KCL Application Deadline – Monday 21st November 2022 Teaching will begin on Friday 20th January 2023

Next Steps

If you are interested in this training, you can find out more information [here](#) and speak to your service manager about applying.

Application Process

- To apply online go to <https://apply.kcl.ac.uk>
- The selection process will involve a short in-person/telephone interview
- Please do contact cyp-mh@kcl.ac.uk for any queries, including information on specific requirements for individual supervision pathways.



KCL Programme Contact:
cyp-mh@kcl.ac.uk

Further Information
[Anna Freud Website](#)

Additional Entry Requirements per Course/Modality

Course	Requirements
CBT Supervisor	<ul style="list-style-type: none"> Named site supervisor must be trained in CBT and must have at least 2 years supervisory experience. Supervisors should be BABCP accredited or accreditable, (if they have had the above CBT training and supervisory experience, they should be BABCP accreditable). Please contact us at cyp-mh@kcl.ac.uk if you have any specific queries about this If a CBT supervisor is sourced externally for the trainee, line and case management should also be provided to the student at site to ensure clinical governance.
Systemic Family Practice Supervisor	<ul style="list-style-type: none"> Named site supervisor must be trained in Systemic Family Therapy and registered with UKCP and be on the Association of Family Therapy's list of Approved Systemic Supervisors. This supervision will be part of the student's learning support and should be in addition to caseload management
Parent Training Supervisor	<ul style="list-style-type: none"> Whilst it is desirable for supervisors to be IY trained it is not essential. This supervision will be part of the student's learning support and should be in addition to caseload management.
Child Wellbeing Practice Supervisor	<ul style="list-style-type: none"> Supervisors will need to be experienced MH professionals/practitioners as evidenced by normally 2 or more years working therapeutically, clinically or consultatively within a CYP Mental Health Setting, with children and young people with mental health difficulties. It is essential that supervisors have experience of delivering CBT and are motivated to supervise this approach. This supervision will be part of the student's learning support and should be in addition to caseload management.
Education Mental Health Practice Supervisor	<ul style="list-style-type: none"> Supervisors will need to be experienced MH professionals/practitioners as evidenced by normally 2 or more years working therapeutically, clinically or consultatively within a CYP Educational or Mental Health Setting, with children and young people with mental health difficulties. It is essential that supervisors have experience of delivering CBT and are motivated to supervise this approach. Ideally, they will also have experience of delivering mental health interventions in education settings.