

Mentalization Skills in Interpersonal Psychotherapy (IPT)

Programme

09:30 - 10:00	Registration
10:00 - 11:00	Mentalization Theory and Techniques
11:30 - 11:50	Tea Break
11:50 - 13:00	Mentalization Techniques in IPT
13:00 - 13:45	Lunch Break
13:45 - 15:30	Role Play of Mentalization in IPT
15:30 - 15:45	Tea Break
15:45 - 16:30	Discussion of Role Plays
16:30 - 17:00	Overview and discussion of the day